



PESACH MEAL PLANNER

Use this planner to help you plan your day-by-day meal plan this Pesach!

(For great Passover recipe ideas, visit wearetaamim.com)

* YOM TOV (FESTIVAL DAY)

EREV PESACH / FIRST SEDER NIGHT*

MONDAY 22ND APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

FIRST DAY PASSOVER* / SECOND SEDER NIGHT*

TUESDAY 23RD APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

SECOND DAY PASSOVER*

WEDNESDAY 24TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

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THIRD DAY PASSOVER

THURSDAY 25TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

FOURTH DAY PASSOVER

FRIDAY 26TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

FIFTH DAY PASSOVER

SHABBAT 27TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

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* YOM TOV (FESTIVAL DAY)

SIXTH DAY PASSOVER / EVE OF SEVENTH DAY*

SUNDAY 28TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

SEVENTH DAY PASSOVER*

MONDAY 29TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	

EIGHTH DAY PASSOVER*

TUESDAY 30TH APRIL 2024

NOTES:

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BREAKFAST	LUNCH	DINNER	SNACKS
Adults Kids:	Adults Kids:	Adults Kids:	